

OBJECTIVES FOR FOUR-YEAR-OLDS

(The following items will be reviewed, and then we will expand their knowledge)

Oral Language Development

1. Speaks in complete sentences
2. Working on phone number and address
3. Introduced to continents, planets and solar system
4. Tells full name, birthday, age and sex
5. Knows 5 senses
6. Names all body parts
7. Memorizes songs, stories, rhymes and finger plays
8. Says Pledge of Allegiance

Emotional/Social Development

1. Plays and works well with others
2. Displays self-control
3. Shares and takes turns
4. Respects property of others
5. Makes safe choices
6. Follows class rules
7. Displays manners: please, thank you, yes ma'am
8. Raises hand when asking a question in class
9. Understands cleanliness, germs, and proper handwashing
10. Able to sit quietly and listen

Reading Readiness Development

1. Shows an interest in the printed word
2. Recognizes first and last name in print
3. Identifies fifteen basic colors
4. Can apply some alphabet sounds
5. Understands prepositions (in, out, over, under, on, off, top, bottom, in front of, in back of)
6. Listens to full books and answers questions about book
7. Identifies upper case letters and most lower case letters
8. Predicts what will happen next in a story
9. Recognizes a few two and three letter words (ex. at, cat)
10. Finds proper page in workbook
11. Recognizes words that rhyme
12. Introduced to parts of a book: title, author, illustrator, front & back cover, spine and pages

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Mathematic Readiness Development

1. Counts to 100 orally with assistance
2. Recognizes most numbers 1-20
3. Recognizes 12 basic shapes
4. Puts numbers in order
5. Understands ordinal position 1st – 5th
6. Understands one to one correspondence
7. Recognizes a calendar and has a basic understanding of the seasons, years, months, weeks and days
8. Understands weather and climate
9. Sorts objects by color, size, shape, and other
10. Makes and follows patterns
11. Orders and compares sizes

Creative Development

1. Uses playdough to create letters, pictures and ideas
2. Draws stick figure with 14 parts
3. Responds to rhythm when listening to music
4. Explains stories with details

Physical Development – Gross Motor Skills (walk, run, climb)

At Haydens we far exceed the average gross motor skills milestones through our daily gymnastics' classes

1. Moves body in response with simple teacher commands
2. Walks in line with classmates
3. Kicks, throws, bounces and catches a ball
4. Hops on one foot, switches to other foot
5. Jumps forward, jumps up & down with two feet together
6. Balances on one foot for 10 seconds
7. Balance – uses beam to walk forward, sideways, backwards and tip toes
8. Flexibility – stretches ten minutes daily
9. Coordination – hopscotch, forward roll (somersault), obstacle course, handstand, hop on beam, bridge kickover
10. Squat – frog jumps
11. Run – vaulting includes sprint, jump with two feet, land with two feet
12. Climbing – climbs four-foot rock wall
13. Trampoline – executes seven different jumps on the trampoline
14. Strength – pull ups at bar, swing at bar & rings

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Physical Development - Fine Motor Skills (small muscles, hands, fingers)

1. Puts together a 25-piece puzzle
2. Introduced to tying shoes
3. Independent in bathroom
4. Uses proper pencil grip
5. Puts personal items away in backpack unassisted
6. Writes uppercase & lowercase letters
7. Knows sign language alphabet
8. Uses scissors to cut properly
9. Colors inside lines
10. Introduced to color by number, shape or letter
11. Draws complete pictures with several understandable objects
12. Copies words from classroom board to paper on desk
13. Writes first and last name with proper pencil grip
14. Dresses self

Work Skills

1. Sits and works on task for long periods of time
2. Follows series of directions
3. Completes projects
4. Helps clean up