



2019-2020 Tryout Information

Tryouts will be held at Haydens Cheer Gym
Sunday May 5th

Ages 5-11: Registration 1:00 Evaluations 1:30-2:30

Ages 12-18: Registration 2:30 Evaluations 3:00-4:00

Please read through the following Parent Handbook prior to completing Pages 9-14. We must have Pages 9-14 completed for tryouts.

*Please print pages 3, 9-14
Page 3 is for your reference and Pages 9-14 must be
turned at tryouts*

HAYDENS ALL-STAR TWISTERS CHEERLEADING PROGRAM

4300 Evans to Locks Road Evans, GA 30809

Dear Prospective Haydens Twister Cheerleaders and Families,

I wanted to take a moment to tell you thank you for considering Haydens All Stars to be your home for competitive cheerleading this season. It is an honor to be the Director for this amazing cheer program. I am humbled and excited to have the opportunity to work with such a talented group of coaches and Booster Club as we commit our best to your child and family. I appreciate your belief and support in our vision. We promise to give you all that you expect and more of an all-star program.

As you know, competitive cheerleading has changed over the years and is a rapidly growing sport around the world. It has all of the traditional elements of a sport: competition, teamwork, training, practice, coordination, and communication, along with experiences and memories to last a lifetime. Competitive cheerleading is a great avenue for children to learn many life skills. We at Haydens are proud of our reputation of excellence around the country and invite you to be a part of our cheer family.

The decision to commit to a competitive cheer program should not be made hastily nor on impulse. This handout is provided to give you a **brief** overview of our program. We want you to be fully informed of the expectations we have for each of our cheerleaders and families, and the commitment we expect of you and ourselves. Don't hesitate to ask any questions that you have concerning our program after reading through the handbooks.

A key word that is used often is commitment. We have a commitment to you, just as acceptance into the program requires a commitment from you and your family. You can expect your child to train in a safe, supportive environment with qualified, USASF-certified, and experienced coaches. When you entrust your child to our program, our coaching staff will teach, encourage, support and yes, maybe sometimes challenge him/her to always put forth their best effort at whatever level that may be. We want each child to master new skills and we will challenge him/her to conquer obstacles as they arise. With praise and constructive criticism, our coaches guide our athletes to success.

We want our athletes to be more than just winners on the competition floor. We expect them to be courteous, truthful, considerate, determined, and respectful. We set our standards high and expect the same from everyone involved in the All Star program. We insist on and help develop a strong work ethic in your cheerleader. Be assured that we never put the well-being, health, safety or future of our athletes at risk in the pursuit of a better performance.

After a year with the Haydens All Star cheerleading program, we believe you will be amazed at the positive changes you will observe in your child, both as a team member and as a person. Parents have frequently mentioned that their children seem to develop a more mature use of independence, accepting responsibility for their own behavior and performance in training, in competition, the classroom, and even their social life. Other areas that strides are often made are found in the areas of time management, teamwork, physical fitness, nutrition, and goal setting.

We want you to be fully informed as you make the decision to select a competitive all-star program. Because a solid, consistent team is critical for success, we want to ensure that you have all of the necessary information and understand the obligations inherent with acceptance into the Haydens All Star Cheerleading Program. I look forward to an exciting season and welcome any questions that you have to make your decision easier.

Cheerfully yours,

Tonya Poole

Program Director
Haydens All Star Twisters

Twisters All Star Cheerleading is located at the Hayden's International Gymnastics and Cheer Academy, Evans, GA

Haydens All Stars Parent Handbook

PROGRAM COSTS FOR ALL STAR TEAMS

There are **two funding “streams”** required to support your cheerleader’s participation in the Haydens All Star Twisters. **On-time payments to both Haydens and the ASTBC will ensure that your cheerleader is fully supported for the entire competition season. Failure to make on-time payments will result in your cheerleader not being able to participate in practice, causing an unexcused absence.**

- **Haydens Tuition** – Tuition is \$144.70 monthly for all teams. Tuition is payable to Haydens Gymnastics and Cheerleading Academy. It is set up to be charged/withdrawn automatically from a credit card/bank account. This money covers all costs associated with a monthly average of 20 hours of gym time, coach salaries and gym operating costs. You do not pay for any extra practices that are associated with competitions. An annual registration fee is due to Haydens on May 15th of \$75.00 per cheer family. *If a cheerleader has two or more consecutive years with the Twisters program and is current in payments, Haydens Gym offers a significant discount in this registration fee.*
- **ASTBC (All Star Twister Booster Club)** – Due Monthly, Quarterly or One time depending on your financial preference. The first payment due at the second practice on May 15th, ending January 15th. This pays for competition fees, choreography, coach’s travel fees, practice clothes, bus fees, USASF membership (see budget sheet for more information). Check/Money orders made payable to ASTBC should be placed in the white booster club box to the right of the girl’s restroom. Or you can pay by PayPal (3.4% service charge applied). **NO CASH PAYMENTS TO BE ACCEPTED.**

Monthly Payment Schedule

Month	Haydens Tuition (1 st of month)	ASTBC Payment (Booster) (15 th of month)
May	\$144.70	
May 15 th	*\$75 registration fee/per family	\$275
June	\$144.70	\$215
July	\$144.70	\$180
August	\$144.70	\$180
September	\$144.70	\$180
October	\$144.70	\$180
November	\$144.70	\$180
December	\$144.70	\$180
January	\$144.70	\$180
February	\$144.70	
March	\$144.70	
April	\$144.70	

- **Note –Cheer Shoes, Uniform, Warm-ups, Book bags and optional clothing are NOT included in these fees. You will be required to pay for these items when they are ordered.**
- **Personal Travel expenses are also not included.**
- **New Uniforms were purchased during the 2018-2019 season. If your cheerleader is new to the program or has outgrown their previous season uniform, the approximate cost is \$400 per uniform. This is not part of the booster club fees.**
- **Approved Cheer Shoes – ALL White: Nfinity Vengeance, Nfinity Flyte, Varsity Edge, Varsity Ascend, Varsity Last Pass. Others may be considered but must be pre-approved (before you purchase) by the Director.**

HAYDENS TUITION AND BOOSTER FEES MUST BE PAID ON TIME!

Haydens Tuition is accessible through your parent portal. You can log on at any time and view your account. Statements will NOT be sent for Haydens Tuition on a monthly basis. Your monthly payment will be auto-deducted on the 1st of each month.

A monthly statement will be emailed to you from ASTBC for your Booster fees. Haydens statements are available through the Parent Portal. **Please make your payments on time!** A returned check will incur a \$35.00 fee charged to your booster account for insufficient funds payment to ASTBC

Important Dates for the 2019-2020 Season

Print this Schedule and keep in a visible location throughout the season!

May 6 – 13 – Administrative Week to plan/prepare for the season
May 14 – 23 – ‘Maymester’ Special Skills Schedule (Days/Times TBA)
May 27 – Memorial Day – No Practices
May 28 – Summer Schedule Begins
June 1 – Cutoff date to receive refund from Booster Club
July 1 – July 5th – Summer Break – No Practices
July 29 – Fall Schedule Begins
August TBD – Choreography (Dates TBA)
September 2 – Labor Day – No Practice
October 14 – 15 – Fall Break – No Practice
November 25 – 29 – Thanksgiving Break – No Practices
December 2 – Practice Resumes
December 9 – 12 – COMP WEEK – MANDATORY PRACTICES (Teams may practice every day of the week)
December 14 – 15 – Battle under the Big Top, GICC (Atlanta, GA)
December 23 – January 3 – Christmas Break – No Practices
January 6 – Practices Resume
January 13 – 16 – COMP WEEK – MANDATORY PRACTICES (Teams may practice every day of the week)
January 18 – 19 – Spirit of Hope Competition (Charlotte, NC)
January 20 – MLK Day – No Practices
January 27 – 30 – COMP WEEK – MANDATORY PRACTICES (Teams may practice every day of the week)
February 1 – 2 – Throwback Throw-down (Raleigh, NC)
February 4 – 13 – CHEERSPORT PREP – MANDATORY PRACTICES (Teams may practice every day of the week)
February 14 – Practice in Atlanta – Cheerleaders will need to miss school
February 14 – 16 – CHEERSPORT Nationals (Atlanta, GA)
February 17 – President’s Day- No practices
March 16 – 19 – COMP WEEK – MANDATORY PRACTICES (Teams may practice every day of the week)
March 21 – 22 – CanAM (Myrtle Beach, SC)
May, TBD – The D2 SUMMIT, Orlando, FL *Bid required*

This calendar will be revised and updated as changes occur. This is meant to be a starting point for your planning purposes. If your team practice day falls on a holiday that is not listed above, your team will have practice unless you hear different from your coach.

All Star Competitions Under Consideration for the 2019-2020 Season

December 14 - 15 – Battle under the Big Top, GICC (Atlanta, GA)
January 17 – 19 – Spirit of Hope Competition (Charlotte, NC)
February 1 – 2 – Throwback Throw-down (Raleigh, NC)
February 14 – 16 – CHEERSPORT Nationals (Atlanta, GA)
March 21 – 22 – CanAM (Myrtle Beach, SC)
May 8 – 10 – The D2 SUMMIT, Orlando, FL *Bid required*

NOTE: Your cheerleader will be REQUIRED to ride the Haydens Cheersport Bus To/From the Event Venue throughout Cheersport weekend. The bus leaves on Friday Feb 14th at Noon. Historically, schools have approved ‘Special Event’ absence for the day. Parents need to plan to either ride the bus or meet the bus at the GWCC when it arrives at 3:30pm! Parents of cheerleaders under the age of 10 may be required to ride the bus (cost will be \$140 per parent.)

TEAM PLACEMENTS

At tryouts and for the entire season every skill must be “competition ready” to preserve the integrity of the sport. We strictly adhere to the philosophy of **PERFECTION BEFORE PROGRESSION!** Our athletes must demonstrate a mastery of required skills before advancing to more difficult levels. Proper technique and execution of all stunting, jumps and tumbling skills will be analyzed by our certified coaching staff.

Teams will be formed taking into consideration the maximum level of difficulty in stunting, jumps and tumbling executed by the majority of its members. In order to be competitive at a national level, we must have most members of each team properly perform all required skills based on the Varsity score sheet in both difficulty and technique categories. In All Star cheerleading, teams are categorized by the number of members, their ages, and their skill levels.

Notification of cheerleaders selected for Haydens All Star Cheerleading Squads will be emailed to the parent by Sunday evening. Please understand that cheerleaders are constantly evaluated and team members can change over the summer before choreography begins.

PAYMENTS

Haydens Tuition and ASTBC (booster club) payments from prior season must be paid in full before your child will be allowed to tryout for the upcoming season. Both Haydens Tuition and ASTBC (booster club) payments for the 2019-2020 season must be paid on time to avoid probation/suspension from team practices and tumbling classes. The Program Director will be notified from Hayden’s office staff and ASTBC of all past due accounts every month.

SPONSORSHIPS

Cheerleaders are welcome to ask family members and/or business to sponsor part of all of their booster club fees. ASTBC will provide a letter at the beginning of each season for cheerleaders to supply to interested family members or business explaining the sponsorship. Once ASTBC receives a check from that person or organization we will mail them a receipt confirming the sponsorship donation.

Team PRACTICES

The purpose of team practice is to learn and perfect the skills and combinations for the next performance. It is critical that EVERY cheerleader be present at each practice. When 1 or more cheerleaders are absent, the team cannot practice at 100% and progress. From tryouts until end of summer, we will operate on a modified practice schedule that will be distributed when teams are announced. Summer practices will consist of stunting, jumps, flexibility in addition to tumbling and conditioning. There will be no weekend practices during the summer months. The incorporation of tumbling and conditioning during our team practices will result in stronger athletes, team bonding, and will set the foundation for a successful season. When the fall schedule begins, new practice times, including tumbling and conditioning will be announced. This could possibly include practice twice a week plus an additional hour of tumbling (5-6 hours max. weekly). Conditioning would be incorporated during regular practice and tumbling classes. Team practices may be held on Saturday or Sunday if necessary.

EXTRA PRACTICES

Extra practices leading up to all competitions are almost always called when the coaches feel it is necessary to polish up and finalize the details necessary for a great routine. Please understand that it is vital to have every member of the team at these practices to ensure an efficient and effective practice. Please understand too, that last minute practices can be called due to an unforeseen emergency. An example of this is when a cheerleader is injured and can’t compete. The coach will call an extra practice to change the routine in time to perform.

ALL practices (scheduled and extra) for TWO WEEKS leading up to Cheersport Nationals are MANDATORY!

ALL practices (scheduled and extra) for 1 week leading up to all other Competitions are MANDATORY!

VIEWING POLICIES DURING PRACTICE

Parents, friends, or relatives of cheerleaders are **not** allowed to watch regular scheduled practices or extra practices until the last full week of the month. This includes viewing from the gymnastics facility or outside the cheerleading gym. Viewing is permitted the last 15 minutes of practices during the remaining weeks in a month. The reason for the viewing policy is simple. Safety is our primary concern and if even one team member becomes distracted during a stunt or tumbling pass, it could negatively affect the others on the squad. Coaches must be the sole authority during team practices because they are solely responsible for team safety. Practices can be closed completely at Program Directors discretion at any time.

CHOREOGRAPHY

A successful season begins with choreography camp. Camp is **required** for all team members. Teams will be notified well in advance which days they will need to be available for camp. Camp provides the opportunity to learn new skills as well as bond with teammates. Cheerleaders gain confidence in working with other team members.

Practice Attendance Policy

We expect cheerleaders to attend every scheduled practice. **Coaches should be notified of unexpected absences prior to a practice.** This can be done with a phone call, text or email to the coach and will allow the coach time to modify the practice plan to allow for the missing cheerleader. If more than 2 unexcused absences, due to illness, occur within a session, a doctor's note **MUST** be provided. **If a doctor's note is not provided after 2 unexcused (illness) absences, cheerleader will be dismissed from the team!**

**Missing more practices than allowed can result in dismissal from the team.
Unexcused absences must not exceed the guidelines below:**

Session 1 – May 28th through July 26th: Cheerleader must attend a min of 10 practices
Session 2 – July 29th through December 20th: 2 unexcused absences
Session 3 – January 6th through March 31st: 1 unexcused absence

- If you are tardy or leave practice early three times (15 minutes or more), it will count as an unexcused absence. If, in the opinion of the team coach, your tardiness is excessive and hampering the team progress, you will be dismissed from the program.
- Examples of unexcused absences are minor injuries or non-contagious illness, homework, non-graded school activities or participation in other sports.
- Examples of excused absences that may be excused are major family events (wedding, death, etc), contagious illness or serious injury.
- Missing a practice the week of a competition will result in the cheerleader not being permitted to participate in the competition. This includes any extra practices called the week of competition.

ATTENDANCE OF INJURED CHEERLEADERS

Unfortunately, we do have cheerleaders that sustain injuries during the season. Fortunately, the injuries are almost always minor but require the cheerleader to sit out from one or more strenuous practice sessions. If you are nursing an injury, you are still expected to attend practice. Why? You can observe the routines, note any changes or coaching tips, sit in on final coaching/team conferences, and of course, cheer on your teammates. Your presence and support is always needed even if you cannot physically participate. Monthly tuition to Haydens Gym and ASTBC are still due regardless of injury for the duration of the program year.

DEPARTURE FROM A TEAM

Every year, we have some cheerleaders who are either unable or unwilling to continue on the team for the entire competition year for various reasons. It is important that you understand the financial implications of that potential situation. A 30 day written/mailed withdrawal notice must also be submitted to haydens@haydensgym.com.

- **Cutoff Date** – June 1st is the cutoff date for being able to receive an immediate refund of any money paid into the booster club. Please remember \$60.00 administrative fee is non-refundable along with anything that has been order and/or paid for prior to June 1st. **If you leave the team after June 1st, all funds paid into the ASTBC are forfeited.**

Code of Conduct

The Program Director/Coaches will not tolerate any negative comments from parents or our athletes about other cheerleaders and/or their performance, skills, team contributions, other cheer programs/athletes, and/or cheer competitions. Negative comments are never appropriate or welcome and ultimately hurt the team. Regardless if the comment is made in a joking manner, should this occur, YOUR child will face removal from the team.

As a parent and cheerleader in our program, we ask you **TRUST THE PROCESS!!** The coaches are trained professionals who know what is best for you cheerleader. The Program Director and coaches want the best of each athlete which will ultimately benefit the team. If you can't trust the coaches, then this gym may not be the fit for your family!

We place a very high value on good sportsmanship and feel it is a positive personal attribute that helps build good character in our athletes. Our cheerleaders are encouraged to focus on their own team and program – working and striving to be incrementally better and more successful through the season. We insist that their conduct and attitude demonstrate gracious behavior before, during, and after competitions. It reflects positively on them, their team, and the Haydens Cheerleading Program. We strongly encourage positive posts on another cheerleaders social media account! Supporting and building each other up!

Absolutely NO negative comments or gossip regarding any cheerleader, team or other cheerleading program is to be posted on social media (Twitter, Facebook, SnapChat, Instagram, YouTube, etc.) by a Haydens cheerleader or parent.

To preserve the “special” quality of our routines there can be no videos or clips of any Twister practices or competition performances during the season posted/linked on any social media (YouTube, Instagram, SnapChat, Facebook, Twitter, etc.) until the conclusion of the cheerleading season. Any cheerleaders who actively participates in changing the choreography of the routine during a competition will be immediately removed from the program.

Cheerleaders are expected to conduct themselves in a mature, responsible, and respectable manner when in the Haydens uniform or representing Haydens at special events. No public displays of affection (PDA).

Cheerleaders understand they are a role model in our community. Any behaviors (including social media) in or out of a Haydens uniform that are illegal or unbecoming can lead to dismissal from our program.

Parents understand they are to conduct themselves in respectful manner. They will not yell, curse or approach another parent/child in a hostile manner. Decisions are made in the best interest of our teams and should not be argued against openly with Coaches, Team Parents, Bus Chaperones or Booster Club members. This disruptive behavior only hurts our team relationships. If you as a parent have any issues with the program, program director, coaching staff, cheerleading routine, choreography or booster club do not approach coaching staff during practices or competitions. Email Tonya Poole at haydenstwisters@gmail.com to set up a meeting to discuss the issues. Normally once the parent understand the entire situation the problem is cleared up. Booster Club issues, please email Melissa Cave at twisterspresident@gmail.com.

Cheerleaders are required to dress as athletes at competitions and wear acceptable athletic attire which will be discussed in greater detail before the competition. It is a USASF policy, that all cheerleaders cover their midriff when wearing a crop top when they are not in warm ups or on the competition floor.

PROGRAM/TEAM UNITY

The key ingredient to a successful season is building a foundation of team dynamics. Haydens All Star Twister program places a huge emphasis on team unity. Team bonding activities include fun games during practice, community involvement events, themed practices, and team socials. While involvement is not mandatory, participation is crucial to achieve this foundation. Nothing brings a team together faster than team unity and nothing breaks a team apart faster than negativity and separation.

During competitions, it is imperative that all cheerleaders/parents support all of our teams. This support makes a huge difference in the overall performance of the team. Our gym unity is a very special part of Haydens and other programs constantly comment on what they are able to witness from the outside reflected by this support of each other.

REMINDERS/BEHAVIOR DURING TEAM PRACTICES

Practice time is very valuable and every minute is important. Therefore, cheerleaders will follow these guidelines at all Twister practices.

- All Cheerleaders must arrive on time for practice and be ready to begin at the designated time
- Cell phones must be turned OFF before practice begins and left in assigned lockers.
- No eating or drinking on the gym floor or on the mats in front of the mirrors.
- Do not leave valuables at the gym. Better yet, don't even bring them into the gym where they might be taken. We are NOT responsible for any items which you leave unattended while you are in the Cheer Gym.
- Listen and TRUST the coaches – Parents and cheerleaders MUST TRUST THE PROCESS for the team to be successful!
- We strongly encourage teammates to support each other at all times. Supporting each other will bring out the best in all athletes and will motivate everyone to maximum potential! Cheer on, yell and push your teammates, remember we are all in this together.
- We expect all of our athletes to work hard at each and every practice. There may be times of frustration; this is when you can count on your coaches and teammates to help you out.
- Negative attitudes towards teammates and/or coaches or program will NOT be tolerated.
- Teamwork makes the dream work!

PERSONALIZATION OF APPAREL AND ACCESSORIES

Cheerleaders are permitted to personalize/monogram their Haydens book bag, warm-ups, etc. using the approved Program Directors Font/Size personalization guidelines. Advance permission must be given prior to any personalization. These guidelines promote gym unity and uniformity.

USE OF THE GYM LOGO

The Haydens Twisters logo may not be reproduced without explicit permission from the Program Director. No magnets, shirts, etc. may be produced without prior approval.

APPAREL DESIGN

To promote gym unity, no personal designed apparel is allowed. The Program Director and coaching staff are the only ones permitted to design team t-shirts and parent apparel for the program. They may request parental input but the final decision remains with the Program Director.

BOOSTER CLUB OVERVIEW

The All Star Twister Booster Club (ASTBC) is a booster club, legally incorporated in the state of Georgia as a not-for-profit entity. It is primarily organized to financially implement the competition cheerleading program set forth by the All Star coaches. ASTBC funds and the booster club officers who handle the accounts are fully insured by AIM Company.

Membership in the ASTBC is automatic – if you have a cheerleader in the program, then you are a member of the ASTBC.

- The Booster Club Executive Board is a group of Twister parents who have agreed to help organize and conduct required activities that are needed to support the All Star cheerleading program.
- The Booster Club Executive Board works and coordinates very closely with the Program Director on a near daily basis to ensure that tasks and responsibilities required to ensure the operation of the cheerleading program are handled efficiently and properly. We handle those administrative responsibilities thus freeing up our coaches to do what they do best – teaching our children and preparing them for competition.
- Haydens International Gymnastics and Cheerleading Academy is not a part of the ASTBC and does not make financial decisions on their behalf.

COMMUNICATIONS

The ASTBC Executive Board believes that two way communications are important to a successful program. We work very hard to get important information out to everyone that needs it as quickly as possible. Team parents are appointed by the Program Director/Coaches. When information needs to go out to parents, they are the first to know. Once they receive the information, they are responsible for immediately sending it out to their parents via email/text. Many team moms/dads use text messages to send out quick, short messages regarding practices or other urgent notices. Get to know your Team Mom/Dad. He/She is your first point of contact for any information you need or questions you have. The Coaches will use the Remind App to get gym wide messages out to everyone.

Mission Statement

To create positive role models through cheerleading and to give youth the confidence they need to achieve their maximum potential in all they pursue.

Philosophy

Built on a commitment of excellence in developing well-rounded athletes and individuals, *Haydens All Stars* offers what everyone expects and more in a competitive cheerleading program. We are committed to the development of the highest skilled athletes in the sport and to an increased self-esteem, leadership, and character. *Haydens All Star Twisters* outlook is to create a rewarding atmosphere for our competitive cheerleaders. By focusing on precision and technique, in both tumbling and stunting, along with, an emphasis in conditioning, our athletes will be geared for success. The coaching staff adheres to the belief that hands-on constructive instruction, while promoting team unity, sets the foundation for success. The *Haydens All Star* Cheerleading program will teach cheerleaders valuable life lessons in teamwork and sportsmanship creating a family-type of atmosphere. If you are looking for a different and exciting All Star Cheerleading program, look no further -- *Haydens All Star Twisters* is the place for you!

Each team will have a mandatory parent meeting after choreography.

Questions about Haydens All Star Cheerleading Program please email Tonya Poole at haydenstwisters@gmail.com

Questions about All Star Twister Booster Club please email Melissa Cave at twisterspresident@gmail.com

Questions about Haydens billing or updates please email Haydens Gym at haydens@haydensgym.com

Please Check One:

- New Cheerleader:**
Email copy of Birth Certificate
- Returning Cheerleader:**
(Note: ASTBC & Haydens Tuition
Must be paid & current to Tryout)



**Team Evaluation Registration Form
2019-2020 Season**

PLEASE READ AND COMPLETE THIS FORM. A PARENT OR GUARDIAN SHOULD SIGN IT AND HAVE THE CHEERLEADER BRING IT WITH THEM TO THEIR EVALUATION. PARTICIPATION IN EVALUATIONS WILL NOT BE PERMITTED WITHOUT THIS FORM FULLY COMPLETED AND SIGNED.

Personal Information

Cheerleader's Name: _____ Age as of August 31, 2019: _____

Date of Birth: _____ Grade in '19-'20: _____ School Attending in '19-'20: _____

Cheerleader's T-Shirt Size: _____

Father's Name: _____ Mother's Name: _____

Child's Home Address: _____ City/State/Zip: _____

Child lives with (*circle one*): both parents mother father

Cheerleader Cell: _____ Mom Cell: _____ Dad Cell: _____

Which phone is the best for contact purposes? _____

Our primary information conduit is email! Please provide an accurate and legible email address.

Parent E-Mail (**PRINT CLEARLY**): _____

Cheerleader Email: _____

In the event of an emergency, please give name and number of alternate person to contact:

Name/Relationship: _____ Phone: _____

Medical

Any special medical conditions that we should be aware of? _____

I fully understand that Haydens staff are not physicians or medical practitioners of any kind. With that in mind, I hereby authorize Haydens coaches/staff to render first aid to my child in the event of any injury or illness, and if deemed necessary to call an ambulance which I agree to pay for. As the parent or legal guardian, I agree to provide health insurance for the child or guarantee payment of any medical expenses which might be incurred from training, competition, or participation in the Haydens All Star Cheerleading program.

Parent/Legal Guardian Initials: _____

I give my permission to Haydens All Star Cheerleading to photograph, videotape, and/or audiotape my cheerleader during any Haydens All Star Cheerleading activity which may be considered for use in print or broadcast media as deemed appropriate for the promotion of Haydens All Star Cheerleading. I understand that no videotape or audiotape will be used without my explicit permission.

Parent/Legal Guardian Initials: _____

PLEASE EMAIL A COPY OF BIRTH CERTIFICATE IF YOU WERE NOT WITH HAYDENS CHEERLEADING PROGRAM FOR THE 2018-2019 SEASON!

Email to: twisterstravel@gmail.com with subject "Cheerleader name BC"



HAYDENS ALL STAR TWISTERS 2019-2020 EVALUATION FORM



Please complete and turn in this form at Registration

Name: _____ Age as of Aug. 31, 2019: _____

Parent Name and email: _____

Birthday: _____ Grade 19-20: _____

Have you cheered before? _____ If so, where? _____

How did you hear about Haydens All Star Twisters? _____ Referred by? _____

Check ALL tumbling skills you throw on the FLOOR and WITHOUT a spot:

STANDING

- _____ Forward/Backward Roll
- _____ Front Walkover
- _____ Back Walkover
- _____ Front Handspring
- _____ Standing Tuck
- _____ Standing Full

STANDING SERIES TUMBLING

- _____ Multiple Back Walkovers
- _____ Back Walkover/Back handspring
- _____ Multiple Back Handsprings
- _____ Series Back handsprings to tuck
- _____ Series Back handspring to layout
- _____ Series back handsprings to full

RUNNING

- _____ Round-off (RO)
- _____ RO Back Handspring (BHS)
- _____ RO ,BHS ,Tuck
- _____ RO ,BHS, Layout
- _____ RO ,BHS, Full
- _____ RO ,BHS, Double Full

RUNNING

- _____ Front walkover ,RO, BHS series
- _____ Punch Front
- _____ Punch Front ,step out, RO, BHS, Tuck
- _____ Punch Front , step out ,RO, BHS, whip, BHS, Layout
- Specialty Tumbling Pass _____

At which stunt position do you have experience? (Circle those that apply)

NONE FLYER BASE BACK SPOT

Check your most advanced stunting skill level:

- _____ Level 1 (No experience or level 1 stunts/preps)
- _____ Level 2 (Ex. Preps, extensions, straight cradle dismounts and straight ride basket tosses)
- _____ Level 3 (Ex. Extended one-legged stunts, full twisting two legged dismounts, 360 to prep, single twist basket tosses)
- _____ Level 4 (Ex. Extended switch-up one-legged stunts, double twisting two-legged dismounts, kick full basket tosses)
- _____ Level 5 (Ex. Double twisting one-legged dismounts, double twisting basket tosses, full ups)

Are you willing to cheer for any Haydens team, regardless of level? YES _____ NO _____

PLEASE EMAIL A COPY OF BIRTH CERTIFICATE IF YOU WERE NOT WITH HAYDENS CHEERLEADING PROGRAM FOR THE 2018-2019 SEASON!

Email to: twisterstravel@gmail.com with subject "Cheerleader name BC"

We want our Cheerleaders to be well rounded and support all athletes being involved in school and extracurricular activities; however, competition cheerleading is an expensive TEAM sport. The team's success is dependent upon all the cheerleaders being present at practices as prescribed in the handbook.

We have two primary practice schedule sessions for the season. Summer session is May 28th until July 26th. The Competition Session is July 29th until end of April/Mid May (depending on D2 Summit Bid.) If possible, we will attempt to create practice schedules to accommodate other Cheerleader activities. Please list any known activities the Cheerleader anticipates being involved in for the 2019-2020 season (ie, Social, Church, School Cheer, Other School Sports/Drama/Chorus/Band, etc).

Activity	Schedule (Day/Times)	Duration
(ie) Social	5:00-6:00/Wednesday	August-May

Our Summer session will primarily focus on overall athlete physical fitness/endurance. We will work on flexibility, jumps, stunting and tumbling. We understand summer is a busy time for vacations, family visits, summer camps, etc; however, we do need a commitment from our athletes to maintain their skills and overall physical fitness. Our summer session has approximately 16 scheduled practices per team. We will require each cheerleader to attend a minimum of 10 practices unless alternative arrangements have been made with the Director in advance. It is important for our teams to bond/practice during the summer. Please coordinate with the Director in advance so she can optimize the summer practice sessions where the entire team is able to be together. If you currently have scheduled summer vacations/events, please list those below.

Haydens All Star Cheerleading

4300 Evans to Locks Road

Evans, GA 30809



This form must be initialed where indicated and signed at the bottom by the parent and cheerleader. It must be turned in before the second practice. It may be placed in the white booster box in the Cheer Gym. PLEASE READ BEFORE YOU INITIAL.

Parent Initials Cheerleader Initials

Acknowledgement of Understanding

- _____ _____ I understand **Haydens tuition** (which includes all weekly scheduled gym time) is auto-deducted on the 1st of each month, starting on May 2019– May 2020, either from a checking account or a credit card in the amount of **\$144.70** .
- _____ _____ I understand if I quit/leave from Haydens All Star Twisters, I will give a **30 day notice** written/emailed to the front office at Haydens Gym at haydens@haydengym.com.
- _____ _____ I understand I owe **All Star Twisters Booster Club (ASTBC)** a total of **\$1,750.00**. My first payment will be due on May 15, 2019. **First payment will be \$275.00 by May 15th**. I will pay per my Payment agreement, full payment, quarterly or monthly, on time. Payment will be put in the white booster box to the right of the girls restroom by the 15th of each month. **NO CASH PAYMENTS TO BE PLACED IN BOOSTER CLUB BOX.**
- _____ _____ I understand the Practice Attendance Policy for the Haydens competition cheerleading program which is contained in the Haydens All Star Parent Handbook.
- _____ _____ I understand that it is my responsibility to proactively monitor team/program events and activities. I will respond as necessary to team parent/program director/coach emails or notices to ensure I am current on Twisters information.
- _____ _____ I understand that anyone threatening to quit or pull their child from the program or use the cheerleading program as a form of punishment for their child may be dismissed immediately.
- _____ _____ I understand the Code of Conduct and agree to abide by it (both cheerleader and parent).
- _____ _____ I understand that coaches reserve the right to place athletes on a team that gives the team the best chance of success. If a cheerleader does not keep up required skills, he/she may be moved or their position in the program re-evaluated. Coaches may dismiss a cheerleader at any time for disrespect, lack of effort, and anything that hampers team progress.
- _____ _____ I understand that Haydens cheer athletes are expected to arrive at practices and competitions on time with positive attitude and give their best effort at all times. If a cheerleader is seriously ill and cannot attend practice, a parent will notify the coach in advance.
- _____ _____ I understand that at competitions, Haydens cheerleaders are required to support all of our Haydens Teams. This require me to come early or stay longer at competitions in order to fulfill this obligation.
- _____ _____ I agree to not approach the coaches/ASTBC Board members/Team Parents at cheerleading competitions with negative and disrespectful comments. I will set up a time to discuss any issues with my cheerleader and/or team.
- _____ _____ I understand that the Haydens cheer program is a 12 month commitment and acknowledge the dates of events as listed on the 'Important Dates of the 2019-2020 Season' sheet. I will honor my commitment.
- _____ _____ I agree to support the Program Director and coaches decision based on what is best for the cheerleader/team and the program.

By my signature, I agree to follow the policies above as well as the guidelines and procedures contained in Haydens All Stars Parent Handbook for the 2019-2020 competition season.

Questions email Melissa Cave at twisterspresident@gmail.com

Athlete Name: _____ Email: _____

Parent Signature: _____ Date: _____



Haydens All Star Twister Booster Club Payment Options

The financial commitment required for Twister cheerleaders is fully outlined in the Tryout Handbook as well as the 2019-2020 budget. Detailed handbooks (Haydens All Star Twister Program and ASTBC) can be found at www.haydensallstars.com Please review the three payment options below and select the option that you feel will best suit your family budget. Then complete the bottom part of this form. This form must be turned in before your cheerleader's second practice. It may be placed in the white booster box in the Cheer Gym.

Payment Option One

One Payment (Lump Sum)

\$1,750.00* - due May 15th

*Budget will be recalculated (up or down) in April once actual costs are determined.

Payment Option Two

Make 4 Payments:

May 15th \$437.50

July 15th \$437.50

October 15th \$437.50

December 15th (Final Payment) \$437.50*

*Last budget payment may be adjusted (up or down) once actual expenses are calculated.

Payment Option Three

Make Monthly Payments:

May 15th \$275.00

June 15th \$215.00

July 15th \$180.00

August 15th \$180.00

September 15th \$180.00

October 15th \$180.00

November 15th \$180.00

December 15th \$180.00

January 15th \$180.00*

*Last budget payment may be adjusted (up or down) once actual expenses are calculated.

Check or Money Order payments made payable to ASTBC should be placed in the white Booster Club box by the ladies restroom in the Cheer Gym when due. **No CASH PAYMENTS.** You may pay by credit card via the Twisters website. For credit card payments, an additional 3.4% convenience charge that PayPal charges will be added to your account balance.

FINANCIAL COMMITMENT STATEMENT

I, _____, select Payment Option # _____.

PARENT SIGNATURE

- I have read and fully understand my financial commitment to the ASTBC as outlined in the 2019-2020 Tryout handbook.
- I understand Booster Club payments are not part of the Haydens Tuition payment.
- As indicated by my option selected above, I agree to pay on the dates shown.
- I understand all money paid into the program will be forfeited if my cheerleader quits or is dismissed from the Haydens All Star Twister Cheerleading program after June 1st 2019.
- I understand that should I fail to follow the agreed upon payment schedule and Haydens Tuition, my cheerleader may sit out practices, not be registered for competitions, or ultimately be dismissed from the program until my account is brought current.

Failure to sign this document does not absolve me of my obligations as stated above.

Parent Signature: _____ Date: _____

Cheerleader(s) Name: _____

Parents Email: _____ Cell Phone Number: _____

Please contact ASTBC Treasurer Emily Clayton at twistersfinance@gmail.com with questions.



Haydens Gymnastics and Cheerleading Academy

Tuition Information



Monthly Tuition for my cheerleader to participate with Haydens All Star Twisters is \$144.70. I understand this is a 12 month commitment and agree to pay starting May 2019 and the last payment will be April 2020. After tryouts, I will register at www.haydensgym.com under parent portal. Payments will be set up to be charged/withdrawn automatically from a credit card/bank account. Tuition covers all costs associated with monthly average of 24 hours of gym time, including practice times, tumbling, conditioning, coach salaries and gym operating costs. This payment is in addition to my monthly booster fees with All Star Twister Booster Club. An annual registration fee is due to Haydens will be withdrawn from my account on May 15th of \$75.00 per cheer family. If a cheerleader has two or more consecutive years with the Twisters program and is current in payments, a significant discount in this registration fee.

Haydens Tuition Payment Schedule

May 1 st	\$144.70
May 15 th	\$75.00
June 1 st	\$144.70
July 1 st	\$144.70
August 1 st	\$144.70
September 1 st	\$144.70
October 1 st	\$144.70
November 1 st	\$144.70
December 1 st	\$144.70
January 1 st	\$144.70
February 1 st	\$144.70
March 1 st	\$144.70
April 1 st	\$144.70

Questions about Tuition Payments or Parent Portal set-up email haydens@haydensgym.com

HAYDENS GYMNASTICS AND CHEERLEADING ACADEMY FINANCIAL COMMITMENT STATEMENT

I, _____, have read and fully understand my financial commitment to Haydens Gymnastics as outlined in the 2018-2019 Tryout handbook. I agree to pay on the dates shown and in the amounts stated.

Further, I understand that should I fail to follow the agreed upon payment schedule, my cheerleader may sit out practices or ultimately be dismissed from the program until my account is brought current.

I understand that a 30 day written or emailed notice to haydens@haydensgym.com is required when withdrawing from the Haydens All Star Twisters program.

Parent Signature: _____ Date: _____

Cheerleader(s) Name: _____

Parent Email: _____ Telephone Number: _____

2019-2020 TWISTERS BUDGET

The items below are what you are paying for:

Cheerleader Items - Practice Clothes, Team Tshirts, Goody Bags, Etc	\$ 145.00
Choreography/Music	\$ 400.00
Comp - Entry Fees	\$ 800.00
Coaches Expenses	\$ 175.00
Cheersport Bus	\$ 140.00
USASF Athlete Membership	\$ 30.00
Booster Admin fee - Non-refundable *1	\$ 60.00
Total	\$ 1,750.00

All booster checks should be made out to ASTBC and placed in the WHITE booster box by the girls restroom.

Credit card payments are accepted online through PayPal linked in the Members Only section. PayPal charges a 3.4% convenience charge so be sure and include that extra fee if you choose to pay using this option.

**NO CASH ACCEPTED
Check or Money Order ONLY**

Below is how those items are paid for:

Budget	Amount
May 2019 Budget	\$ 275.00
June 2019 Budget	\$ 215.00
July 2019 Budget	\$ 180.00
August 2019 Budget	\$ 180.00
Sept 2019 Budget	\$ 180.00
Oct 2019 Budget	\$ 180.00
Nov 2019 Budget	\$ 180.00
Dec 2019 Budget	\$ 180.00
Jan 2020 Budget	\$ 180.00 *2
Total	\$ 1,750.00

Due at 2nd practice

ADDITIONAL PRICE LIST - NOT INCLUDED IN BOOSTER FEES (All prices are estimates.)

Cheer Shoes	\$ 100.00	Self Pay through Varsity pro shop link
Competition Uniform - Top and Skirt	\$ 400.00	Due When Ordered (~end of July)
Warm Up Pants/Jacket (Optional)	\$ 160.00	Can be ordered on Varsity Pro Shop https://proshop.varsityal
Parent Bus Seat - Cheersport (Optional)	\$ 140.00	Payment due when reserved
Competition Bow	\$ 25.00	If one is needed

NOTES

*1 Included in the first payment - 60.00 admin fee- non-refundable once paid.

*2 The last budget payment may be adjusted (up or down) once actual expenses are calculated.

The first payment is due by the 2nd May practice. NO EXCEPTIONS. All other payments are due by the 15th of each month.

If you need to adjust your payment plan, please contact the ASTBC Treasurer.

Remember that personal travel costs are not included in the budget - those are a parent responsibility.

Any cheerleader who quits or is dismissed from the program AFTER June 1st forfeits all funds paid into the ASTBC.

The ASTBC Treasurer is Emily Clayton, twistersfinance@gmail.com