

Girls and Boys 2023 Summer Schedule

May 30 – July 30

	Monday	Tuesday	Wednesday	Thursday	Friday
Xcel Silver 5/6	4:15pm-6:45pm			4:15pm-6:45pm	
Xcel Silver 7&UP (6) OR Xcel Silver 7&UP (8)	4:30pm-7:30pm 4:30pm-8:30pm			4:30pm-7:30pm 4:30pm-8:30pm	
Xcel Gold (9) OR Xcel Gold (11)		4:30pm-7:30pm 4:30pm-8:30pm	4:30pm-7:30pm 4:30pm-8:30pm		4:30pm-7:30pm
Xcel Platinum (9) OR Xcel Platinum (11)		4:30pm-7:30pm 4:30pm-8:30pm	4:30pm-7:30pm 4:30pm-8:30pm		4:30pm-7:30pm
Xcel Diamond	9:00am-1:00pm	9:00am-1:00pm		9:00am-1:00pm	9:00am-12:00pm
Level 3 Girls	9:00am-12:00pm		9:00am-12:00pm	9:00am-12:00pm	
Level 4 Girls		9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm
Level 5 Girls	9:00am-1:00pm	9:00am-1:00pm		9:00am-1:00pm	9:00am-12:00pm
Level 6-10 Girls	9:00am-1:00pm	9:00am-1:00pm 10-12 JB	9:00am-1:00pm	9:00am-1:00pm 10-12 JB	9:00am-12:30pm
Additional practice hours(must register)		5:30pm-7:30pm Coach Caitlin		5:30pm-7:30pm Coach Caitlin	
Boys Level 4	10:00pm-12:30pm			10:00pm-12:00pm	10:00pm-1:00pm
Boys Level 5	10:00pm-1:00pm	10:00pm-1:00pm	10:00pm-1:00pm		10:00pm-1:00pm
Boys Level 6	10:00pm-1:00pm	10:00pm-1:00pm	10:00pm-1:00pm	10:00pm-1:00pm	10:00pm-1:00pm
Boys Level 7-10	10:00pm-2:00pm	10:00pm-2:00pm	10:00pm-2:00pm	10:00pm-2:00pm	10:00pm-2:00pm